

Benefits of the Card

- ◆ Establish a medical home with a caring provider
- ◆ One-time fee
- ◆ Same day appointments
- ◆ Reduce amount of sick days taken by employees
- ◆ Keep premium costs from rising due to multiple minor claims
- ◆ Maintain a healthy lifestyle

*THE HEALTH CENTER OF HELPING HANDS MAINTENANCE PLAN IS NOT AN INSURANCE POLICY AND ENROLLMENT THEREIN DOES NOT CONSTITUTE INSURANCE COVERAGE FOR THE PURCHASE OF AN INSURANCE POLICY OF ANY KIND. THE FEES PAID FOR THE HEALTH MAINTENANCE PLAN ARE NOT INSURANCE PREMIUMS.

HELPING HANDS IS NOT AN INSURANCE COMPANY OR INSURANCE PROVIDER AND IS NOT REGULATED OR GOVERNED BY THE TEXAS DEPARTMENT OF INSURANCE OR ANY GOVERNMENTAL ENTITY.

Who We Are...

About Us

The Health Center of Helping Hands provides affordable healthcare to those that are without a medical home or to those seeking a low cost alternative.

Contact Us

Phone: 972-772-8194

Donna Barnett-Practice Manager
donnabarnett@rockwallhelpinghands.com



Reeves Service Center
401 W Rusk Street, Suite 100
Rockwall, Texas 75087
Phone: 972-772-8194
Fax: 972-772-8194
rockwallhelpinghands.com



Health Maintenance Plan

A Program to provide preventative healthcare to those with insurance, to those without insurance, and to those without a medical home.

- ◆ No Insurance?
- ◆ High Deductible?
- ◆ Small Business Owner?
- ◆ Self-Employed?

“The staff is very caring.
I am alive and well
because of
Helping Hands”



Preventative Care

Staying healthy means taking
less sick time from work

Convenience

Located in Downtown
Rockwall for easy access

Fees for Service

Affordable cost to employers
to provide health benefits

Your Card Includes:

- ◆ 4 Office Visits
- ◆ 1 Seasonal Flu Shot
- ◆ One-Time Maintenance Labs or 4 Individual Labs
- ◆ Annual Health Exam
- ◆ 1 Wallet Size Health Card

**\$700+ value for only
\$305**



Above: Our caring Nurse Practitioners



Our staff provides
compassionate, quality care
to all patients.