



Health Maintenance Plan Preventative Healthcare

Prioritize Your Health,
Starting Today

Phone: 972-772-8194

Affordable Office Visits



Your Card Includes

- 4 Office Visits Annually
- 1 Seasonal Flu Shot
- 1 Time Labs or 4 individual labs
- Annual Health Exam

\$700 Value
\$305



Peace of Mind

- Same Day Appointments
- Reduce # of Sick Days
- One-time Fee
- Maintain Healthy Lifestyle



Who We Are

The Health Center of Helping Hands provides affordable healthcare to those that are without a medical home or to those seeking a low cost alternative.



Compassionate, Quality Care

- Staying healthy means taking less sick time from work.
- Conveniently located in Downtown Rockwall for easy access.
- Affordable cost to employers to provide health benefits to their employees.
- Brand New, state of the art facility.

990 Williams St.
Suite A
Rockwall, Tx 75087

**M-F 8:00 am – 12:30 pm &
1:30 pm – 5:00 pm**

Health Center Open

Monday

Tuesday

Wednesday

Thursday

Friday

Open one Saturday/month
8a-12p
by appointment only

**Our staff provides
compassionate, quality
care to all patients.**

📞 972-772-8194

🌐 rockwallhelpinghands.com/health-center/